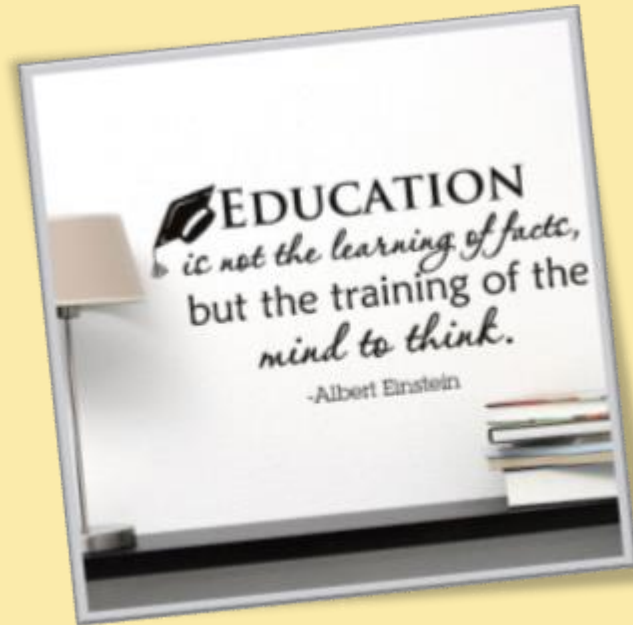


ISWB Bulletin Board

20 October 2017



South Africa Rhythmic Gymnastics National Championships

Lia Kufuna (ISWB Year 2) took part in the South Africa Rhythmic Gymnastics National Championships

held in Pretoria at the beginning of October.

Lia (right on the picture) was part of the Namibian team and competed in Level 6.

She achieved 3 Gold medals for Clubs, Ball and Overall and a

Silver medal for her Free Dance.



Year 6

17 - 20 October 2017

Brandberg, Uis

The ISWB Year 6 students left for Brandberg

On Tuesday, 17 October and will be

back today, Friday 20 October.

Rumour has it that it was an unforgettable experience...



"Nothing beats an exciting hands-on experience to deepen learning. The magic of a field trip isn't just the subject. It's the break in routine and adventure that opens up children's minds to new things."

Walvis Bay Sports Martial Arts Club

Destiny in Stellenbosch, South Africa



The weekend of 7 & 8 October 2017

2 members from Walvis Bay Sports Martial Arts Club,

students at ISWB,

participated at Destiny in Stellenbosch, South Africa.

Destiny is the South African championship for sports martial arts with more than 1 500 entries from Southern Africa.

Shani Visser, 12 years and a green belt, won gold and a bronze medal.

Nicolas Jalon, 13 years and a green belt, won a gold medal.

Both were selected for the World championship NMA-ISKA Sport Martial Arts in the US (Orlando) in 2018

Congratulations to Shani and Nicolas, we are extremely proud of you!

Kids' Friendship Tip:

WAYS TO SAY 'NO'

Saying no to someone is one of the hardest types of Speaking Up. Here are a few different ways to say no. Which ones seem most comfortable to you?

"No, thanks."

"My mom would be so mad if I did that!"

"I'm not comfortable doing that."

"I don't want to do that. Let's do something else instead."

"I don't like that idea."

"I really don't want to do

that."
"I don't feel like doing that."

"That's just not my kind of thing to do."



Dear parents

Any outstanding balance PLUS book fees for 2018 will be included with the November school fees debit order, EXCEPT those parents who have already made arrangements.



KEY STAGE 2 OUTINGS

Year 4 and 5

9-12 October 2017

Gobabeb research and training centre

Thank you to our well behaved and beautiful students for making this outing a most enjoyable experience for all.

Also

Well done and thank you to Mrs Jessica Jansen and Ms Lyn Muashekele, without you this excursion would not have been possible.

Here are a few random pictures taken during their activities and presentations:





Choir

The ISWB Music Department

Year 4 - 6

Important Notice

The ISWB Choir will have the

ABRSM Choir Examination in Walvis Bay

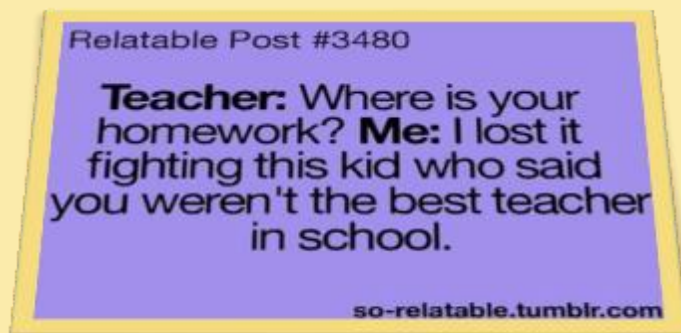
On Saturday, 28 October 2017

In the ISWB School Hall

*Time and other details will be confirmed by our conductor, Ms
Wilna Liebenberg*

COMPULSORY FOR ALL ISWB CHOIR MEMBERS

As this is an examination, an audience will not be allowed



Linda le Roux

The International School of Walvis Bay

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Errors and Omissions Excluded